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HEALING PLANTS OF SEONI FORESTS

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ABSTRACT: Seoni district amongst unexplored as far as ethno medicinal studies are concerned. To bring these areas in the main stream of present day development in ethno botany, this study may work as a communication bridge between tribal and urban people. There are many tribal families in this region who have been engaging themselves in the field of ethno medicine and their knowledge percolates from generation to generation. The tribal people had assimilated their unique knowledge about the surrounding plant wealth. They are store house of information and unique knowledge on the multiple uses of plants.

Key Words: *Ethno botany, ethno medicine, tribal*

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